

# Team spirit and individual happiness

*“We are negative to agile development processes”*

# High social pressure

- Effects people with limited social skills
  - Emotional difficulties
- Unequal influence on decisions
- Group conflicts
- Degraded confidence

# More dependencies

- A sick person will have higher impact
- Different levels of knowledge leads to tension

# Stress

- Unclear long term goals (no big picture)
- Roller coaster of stress (sprint deadlines)
- Problem sharing (transparent pressure)
- Restricted to provided resources (common tools)